

A landscape featuring rugged mountains under a teal sky with white clouds. A large, bright yellow sun is partially obscured by the mountains, and a red sun is visible on the left. The foreground shows dark, rocky terrain. The text is overlaid on the lower portion of the image.

TODAY'S MESSAGE:

THE ONE AND ONLY

EXODUS 20:1-11

THE 10 COMMANDMENTS

- 1 You shall have no other gods before Me.
- 2 You shall not make idols.
- 3 You shall not take the name of the LORD your God in vain.
- 4 Remember the Sabbath day, to keep it holy.
- 5 Honor your father and your mother.
- 6 You shall not murder.
- 7 You shall not commit adultery.
- 8 You shall not steal.
- 9 You shall not bear false witness against your neighbor.
- 10 You shall not covet.

THE ONE and only

GOD!



**What are things today that
consume people?**



*You shall have no other gods before me.
You shall not make for yourself an image in
the form of anything in heaven above or on
the earth beneath or in the waters below.*

Exodus 20:3-4




Cultural gods that tempt us

- Our Identity/Self
- Money and Consumerism
- Entertainment
- Sex
- Comfort
- Cell Phones / Smartphones



Remember the Sabbath day by keeping it holy. Six days you shall labor and do all your work, but the seventh day is a sabbath to the Lord your God. On it you shall not do any work, neither you, nor your son or daughter, nor your male or female servant, nor your animals, nor any foreigner residing in your towns. For in six days the Lord made the heavens and the earth, the sea, and all that is in them, but he rested on the seventh day. Therefore the Lord blessed the Sabbath day and made it holy.

Exodus 20:8-11



Our great-grandparents called it the holy Sabbath. Our grandparents called it the Lord's Day. Our parents called it Sunday. And we now just call it the weekend.



FOUR QUESTIONS TO ASK OURSELVES



Where do I spend my time?

Where do I spend my money?

Where do I get my joy?

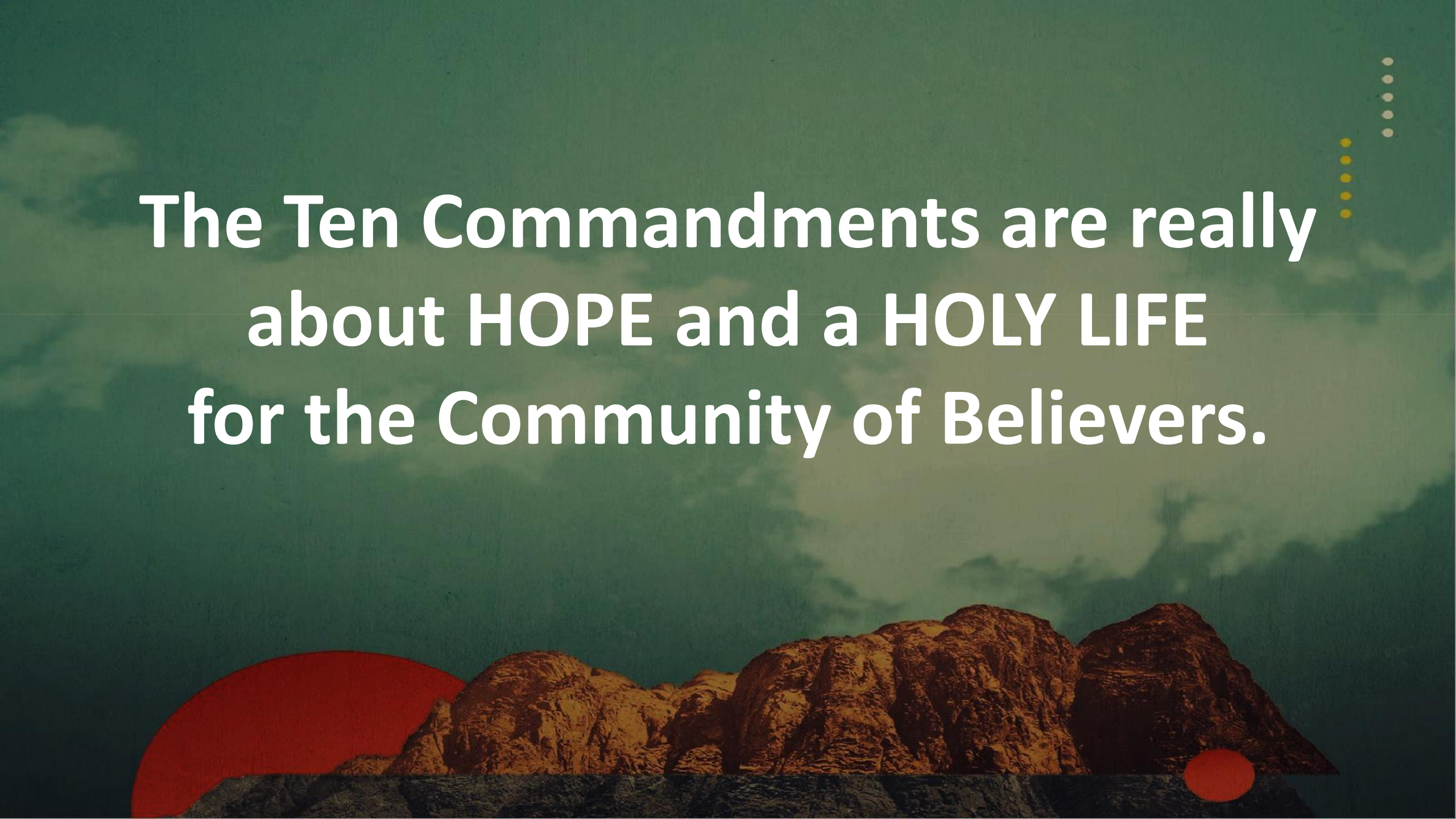
What is always on my mind?



*You shall not misuse the name of the Lord
your God, for the Lord will not hold
anyone guiltless who misuses his name.*

Exodus 20:7



The background of the slide features a landscape with several rugged, brown mountains under a dark, teal-colored sky. A large, bright red semi-circle, representing a sun or moon, is positioned on the left side, partially behind the mountains. A smaller, solid red circle is located on the right side, near the base of the mountains. In the top right corner, there is a vertical column of seven small circles, with the top three being white and the bottom four being yellow.

**The Ten Commandments are really
about HOPE and a HOLY LIFE
for the Community of Believers.**